

# INDICATORS OF TRAFFICKING & HELP LINES



Emergency Help: **911**  
National Human Trafficking Hotline:  
**1-888-3737-888**

Iowa Victim Services: **1-800-770-1650**  
Or text 'iowahelp' to **20121**

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**FREEDOM FROM SEXUAL ADDICTION  
& DESTRUCTIVE SEXUAL HABITS**

Call: **503-489-0230**

# TRAFFICKED INDIVIDUALS MAY:

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show signs of malnourishment, poor hygiene, fatigue, untreated illness, injuries, and/or unusual behavior

lack control over personal schedule, money, I.D., travel documents, etc.

lack of freedom of movement, constantly monitored, unable to speak for themselves

exhibit evidence of verbal threats, psychological control, emotional abuse and/or treated in a demeaning way

show signs of confinement, restraining, and/or physical abuse

exhibit bruises, depression, fear, overly submissive behavior; avoid eye contact and interaction with others

be accompanied by a controlling individual

be transported to or from work/live & work in same place

be dressed in clothing that is not their size

*\*each indicator alone may not necessarily mean a person is being trafficked*