

## RANCH RULES

### **1. No Photos or Videos: Protect privacy and safety.**

**Why:** Survivors of trafficking are at high risk if their location or identity is exposed. Photos can unintentionally endanger them or their children.

**Scripture:** *“Love... always protects.”* — 1 Corinthians 13:7

### **2. No Personal Questions: Honor each woman’s story by letting her share in her own time.**

**Why:** Asking about trauma, past abuse, or identity can trigger shame, fear, or dissociation. Healing requires safety, not pressure.

**Scripture:** *“Be quick to listen, slow to speak.”* — James 1:19

### **3. No Promises: Maintain trust through integrity.**

**Why:** Many survivors have experienced chronic betrayal. Even small broken promises reinforce wounds of abandonment.

**Scripture:** *“Let your ‘Yes’ be yes.”* — Matthew 5:37

### **4. No Unapproved Gifts: Prevent favoritism and maintain unity.**

**Why:** Gifts can create unhealthy attachments, jealousy, or emotional dependence. Anonymous, equal giving protects unity.

**Scripture:** *“God shows no partiality.”* — Romans 2:11

### **5. No Food for Residents: Respect dietary needs and program structure.**

**Why:** Food can be tied to trauma, control, or scarcity. GGR provides consistent, safe nutrition to support healing.

**Scripture:** *“Let all things be done decently and in order.”* — 1 Corinthians 14:40

### **6. No Unauthorized Guests: Protect confidentiality and safety.**



**Why:** Confidentiality is essential for safety. Even well-meaning visitors can unintentionally compromise security.

**Scripture:** *“Be wise as serpents and innocent as doves.”* — Matthew 10:16

**7. No Exchanging Contact or Social Media Information: Maintain healthy boundaries.**

**Why:** Boundaries protect both residents and volunteers from unhealthy attachments or unsafe communication.

**Scripture:** *“Above all else, guard your heart.”* — Proverbs 4:23

**8. No Sharing or Lending Technology: Prevent unsafe contact and protect residents.**

**Why:** Phones and internet access can allow traffickers or unsafe individuals to locate or manipulate residents.

**Scripture:** *“Do not give the enemy a foothold.”* — Ephesians 4:27

**9. No Personal Disclosures: Keep the focus on the resident’s healing.**

**Why:** Trauma-sharing can overwhelm residents or shift focus away from their healing.

**Scripture:** *“In humility value others above yourselves.”* — Philippians 2:3

**10. No Secrets: Secrets create unsafe dynamics.**

**Why:** Secrets create unsafe dynamics and can hide harmful behavior. Transparency protects everyone.

**Scripture:** *“Walk in the light.”* — 1 John 1:7

**11. No Unapproved Clothing: Model modesty and avoid triggers.**

**Why:** Certain clothing can be triggering or reminiscent of exploitation. Modesty fosters safety and dignity.

Examples: Off the shoulder tops

- Spaghetti-strapped or tank top shirts
- Wearing clothes without appropriate undergarments or exposing breast, belly and/or

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buttocks

- Clothes exposing undergarments
- T-shirts with inappropriate or offensive gestures or advertising
- Shorts, dresses or skirts shorter than half way between the upper inner thigh and knee
- Leggings/yogas without a long top to cover buttocks
- Excessive torn or ripped clothing
- Clothing that needs laundered
- Anything excessively scented
- Excessive and/or distracting jewelry and/or make-up

**Scripture:** *“Do not cause another to stumble.”* — Romans 14:13

## **12. No Breaking Confidentiality: Protect all identifying information.**

**Why:** Sharing any identifying information violates federal law and can put lives at risk.

**Scripture:** *“A trustworthy person keeps a confidence.”* — Proverbs 11:13

\*GGR keeps a signed document on file stating the date on which I received and agreed to the items outlined in this document.